

Guest Facilitator: Lissy Ann Puno



Lissy Ann Puno is a Counselling Psychologist with 24 years of extensive experience practising in the region. She offers counselling and psychotherapy across the developmental stages – child, adolescent, adult, couple and family counselling; talks, trainings and workshops.

Lissy holds a Master's degree in Counselling Psychology from Lesley University in Cambridge, Massachusetts, USA. Further training included a Clinical Fellowship from Harvard University at Mclean Hospital, Hall Mercer Children's Centre. Lissy is currently in private practice as a Counselling Psychologist at the International Counselling & Psychology Centre, Orchard Road, Singapore. (More information is available at www.intlcounselling.com)

She launched her first book in Singapore in November 2016 entitled "Affairs Don't Just Happen, Protect, Repair and Recover", a book on how to protect your marriage, strengthen relationships and feel fulfilled through the years.