

OCT - DEC 2017 PROGRAMMES

Psycho-Spiritual Wellness for Heart & Home

(a series of talks by our Counselling Team)

A Father's Mission



children.

Examine our own hearts as fathers and how we want to connect with our children. In addition, come and enjoy being in the fellowship of fathers, fathers-to-be, and caregivers playing a fathering role.

With the daily stresses and challenges of life today, fatherhood can be a daunting task. In our quest to become that father that God has called us to be, come and let us reclaim our mission as fathers – to be the link between heaven and earth, between God and his

Facilitator:

Clement Ong

Date: 12 Oct 2017 (Thur)

Time: 7.30pm - 9.30pm

Contribution: \$30

Register:

tinyurl.com/dadmission

Spiritual Beings, Human Experience



In this talk, join us to have a look at the human aspects of our spiritual being.

In the words of French philosopher and Jesuit Pierre Teilhard de Chardin, “We are not human beings having a spiritual experience; we are spiritual beings having a human experience.”

Facilitator:

Sr Elizabeth Sim, FDCC

Date: 9 Nov 2017 (Thur)

Time: 7.30pm - 9.30pm

Contribution: \$30

Register:

tinyurl.com/spiritbeings

Connected Couples, Stay Committed



This talk is for individuals and couples who would like to explore and discover how to maintain a close and loving relationship with loved ones amidst the distractions of daily life. Understand the stages of the marital relationship and avoid disillusionment to reach the authentic love stage.

Discover ways to nurture your relationship through effective relational skills in a way that allows each of you to feel understood and valued through the years. Be aware of the needs of men and women that would maintain intimacy and increase in fulfillment. Learn how to stay connected that will allow your loved one to feel cherished and cared for.

Facilitator:

Lissy Ann Puno

Date: 14 Nov 2017 (Tue)**Time:** 7.30pm - 9.30pm**Contribution:** \$30**Register:**

tinyurl.com/connectedcouples

Craft of Relationship: Connecting in Love



While we live in a day and age when individuals seem to struggle in romantic relationships, there is also more research findings now than ever before to help us.

In this talk, learn about the 5 Love Languages (Gary Chapman), the Stages of Love (Pat Love), and Emotional Connection/ Disconnections (Sue Johnson). In the process, learn to communicate and connect better.

Facilitators:

Francis See & Aileen Yap

Date: 14 Dec 2017 (Thur)**Time:** 7.30pm - 9.30pm**Contribution:** \$30**Register:**

tinyurl.com/craftofre

Programmes by Best-Selling Author & Day of Conversation, Reflection & Sharing on Heroic Leadership in Pastoral Ministry

Learn about how self-awareness, ingenuity, love, and heroism form a unique formula that has moulded Jesuit leaders for more than 450 years, and continues to mould successful leaders in today's culture. Learn to apply these guiding principles in pastoral settings.

Date: 19 Nov 2017 (Sun)**Time:** 10am - 5pm**Contribution:** \$50**Register by 9 Nov:**

tinyurl.com/ChrisL17

Programmes by Our Spiritual Direction Team

A Religious-Charism Retreat



A weekend retreat for Women desiring to know more about Religious Life

Have you wondered about the many religious orders for women in Singapore? Who are they, what do they do, how do they pray, and how do they live and love in community? What makes each charism, so special and unique in answering God's call to vocation?

Come, listen and explore with others as we hear from each of them, their call and response to God's love.

Facilitators:

Celina Lin & Team

Dates & Times:

Saturday, 21 Oct (10am)
– Sunday, 22 Oct (3pm)
2017

Contribution:

\$100 (non-AC),
\$120 (AC)

Register by 13 Oct:

tinyurl.com/rcr17

A Day of Quiet



We are opening our doors on these days to individuals who would like to have some personal space and quiet in their lives. For beginner or seasoned seekers who would like to experience a day in silent prayer and reflection.

Prayer and handicraft resources, the labyrinth walk and spiritual direction will be available.

Dates & Times:

Friday, 17 Nov 2017
(9am – 4pm) &
Saturday, 18 Nov 2017
(9am – 4pm)

Contribution: \$60

Register by 7 Nov:

tinyurl.com/DOQ2017

Leadership Speaker, Chris Lowney

An Ignatian Inspired Writing & Conversation

A conversation with Chris Lowney and his writings inspired by Ignatian Spirituality.

Date: 20 Nov 2017
(Mon)

Time: 7pm - 9pm

Contribution: \$30

Register:

tinyurl.com/ChrisL17

Programmes by Fr Daniel Kister, SJ, PhD

Daniel Kister is a Jesuit priest from the United States, with a PhD in Comparative Literature from the University of Southern California.

Since 1974, he has been teaching English, English Literature, poetry and drama in Korea and China, including 26 years at Sogang University, a Jesuit institution in Seoul.

He continues to do retreat work and directing bible sharing groups in Korea.

Note: Register for any of the following by 29 Sep 2017 at <http://tinyurl.com/DanKister>



Literary Imagination & the Spiritual Exercises of St Ignatius

Follow the progression of the Spiritual Exercises through selected English and other literary works to gain deeper self-knowledge, and knowledge of Jesus Christ.

Topics to be explored on 4 Oct 2017:

Existential attitudes, self-awareness, sense of sin and forgiveness, and life choices.

Topics to be explored on 5 Oct 2017:

Jesus' birth, public life, death, resurrection; seeing God in all things.

Self-Knowledge

4 Oct 2017 (Wed)

Knowledge of Christ

5 Oct 2017 (Thur)

Time:

7.30pm – 9.30pm

Contribution:

\$50 for 1 talk, \$80 for 2

"Where your treasure is, there is your heart also" (Retreat)

In this guided retreat, consider your life and attitudes from the perspective of God, as well as recall Jesus' life and attitudes. In exploring Jesus' relationships with his disciples, renew your relationship with Him.

(This retreat includes opportunities to receive Spiritual Direction.)

Dates & Times:

Friday, 6 Oct (7.30pm)

– Sunday, 8 Oct (5pm)

2017

Contribution:

\$270 (non-AC),

\$330 (AC)