

JULY - SEP 2018 PROGRAMMES

Introduction to Authentic Conversations



Explore what is at the heart of an authentic conversation – listening. Are we aware of what and how we listen, as well as how our listening shapes our conversations, relationships, and communion with God and neighbour? Do we react, or respond?

How does one nurture safe spaces for authentic conversation that is so critically needed in the church and the world today? Listen to your call through the needs of the many who thirst for real conversation.

Facilitator:

Lance Ng

Date: 4 Aug 2018 (Sat)

Time: 9.30am - 5.30pm

Contribution:

\$60 (includes lunch and refreshments)

Register by 28 July:

tinyurl.com/itac2018

Experience, Poetry & Spiritual Life



William Wordsworth wrote, *'poetry is the spontaneous overflow of powerful feelings: it takes its origin from emotion recollected in tranquillity'*.

Poetry as the recollection of intense feelings can be seen as the literary distillation of spiritual experience, and a window into the mind and heart of the author. This session will attempt to open this window, so that we can gaze upon how mere words are able to capture our imaginations, and put words to spiritual experiences. Discover how you can approach poetry and prayer in the Ignatian tradition.

Facilitator:

Stanley Goh, SJ

Date: 21 Aug 2018 (Tue)

Time: 7.30pm - 9.30pm

Contribution: \$30

Register by 11 Aug:

tinyurl.com/StanGoh18

MAGIS Immersion Retreat



In this experiential retreat, discover God and self through the lens of Ignatian spirituality. Explore what it means to *find God in all things* and live as a *contemplative in action*.

Modelled after the pre-World Youth Day MAGIS programme, this retreat includes activities designed to help one grow in awareness of what's moving within.

(Note: This retreat is open to adults 21 and up, and who are comfortable participating in some light physical activity.)

Facilitators:

Keith Neubronner & Margaret Tang

Dates & Times:

Friday, 24 August (7.30pm) to Sunday, 26 August 2018 (4pm)

Contribution:

\$270 (non-AC);
\$310 (AC)

Register by 14 Aug:

tinyurl.com/magis18

Further Up, Further In: A Weekend with the Chronicles of Narnia



Beginning with excerpts from both Scripture and C. S. Lewis' *Chronicles of Narnia*, we journey 'further up', seeking to deepen our relationship with God while making a journey 'further in', seeking ourselves as we respond to our creator.

Through an Ignatian approach to literary texts, it is hoped that retreatants will be able to engage the imagination, mind and heart in their own personal faith journeys.

Facilitator:

Stanley Goh, SJ

Dates & Times:

Friday, 31 August (7.30pm) - Sunday, 2 September 2018 (5pm)

Contribution: \$260 (non-AC), \$300 (AC)

Register by 21 Aug:

tinyurl.com/StanGoh18

Connected Couples, Strong Relationships



Learn how you can create a deeply satisfying and long-lasting relationship with your partner. Pick up effective communication skills, and gain a deeper understanding about emotional and relational issues in a way which feels comfortable and positive.

This couples-only workshop consists of brief lectures, demonstrations, discussions, reflections, assessments, and practical homework.

Facilitator:

Lissy Puno

Date: 22 Sep 2018 (Sat)

Time:

9am - 6pm
Contribution:
\$180 per couple (includes lunch and refreshments)

Register by 12 Sep:

tinyurl.com/couples18