

## JAN - MAR 2019 PROGRAMMES

### 'O God, It's a New Year!' | Day of Recollection



*Welcoming 2019!* The New Year is a wonderful time to rejuvenate spiritually and renew commitment to grow in your relationship with God.

Spend some time in silence contemplating God in Scripture and be engaged in guided activities based on Ignatian themes. The rhythm of this day includes guided meditation, labyrinth walk and writing exercises led by facilitators.

Seekers new to silent retreats are most welcome.

**Facilitators:**

Diana Tan &  
Roselie Chia

**Dates & Times:**

Saturday, 19 Jan 2019

**Times:**

9.30am – 5pm

**Contribution:**

\$60

**Register by 9 Jan:**

[tinyurl.com/ogod19](http://tinyurl.com/ogod19)

### Introduction to Authentic Conversations



*A day to just simply listen...  
to life, each other, and God.*

This programme explores the art of listening which is at the heart of an authentic conversation.

Are we aware of what we are really listening to, and how it shapes the way we live our lives – by reacting, or acting?

**Facilitator:**

Lance Ng

**Date:** Choose *either*:

Sunday, 27 Jan *or*

Wednesday, 20 Feb 2019

**Time:**

9.30am – 5.30pm

**Contribution:**

\$60 (includes lunch & refreshments)

**Register:**

[tinyurl.com/iac2019](http://tinyurl.com/iac2019)

## ***Living in New Frontiers – Dialogue on Mission Today***

In collaboration with the Conference of Major Religious Superiors, Kingsmead Centre will be organising a Recollection for the Family of Consecrated Life, Partners-in-Mission and Friends.

This is the first in a series of three sessions on ‘*Authentic Conversations on Consecrated Life & Mission Today*’, to prepare for the *Extraordinary Mission Month in Oct 2019*.

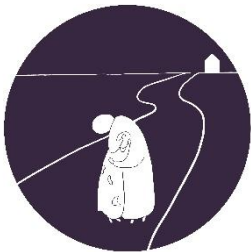
**Date:**

Saturday, 2 Feb 2019  
(World Day for Consecrated Life)

**Time:**

3pm – 5.45pm

## **Lent Seen through the Lenses of the Beatitudes Retreat**



The period of Lent is a time of grace, a reminder to rest in the mercy of God who dies to succour the many mortal wounds of our unconscious living – a life lived through the seeing out of flawed lenses like fear, hurt, envy, and anger.

Seen through the lenses of the Beatitudes, Lent offers us a way to see the hidden aesthetic in this season – transforming our wounds into encounters with God’s compassion and mercy, offering us a new, graced way of seeing reality.

**Facilitator:**

Lance Ng & SD Team

**Dates & Times:**

Thu, 21 Mar (10am) -  
Sun, 24 Mar (4pm) 2019

**Contribution:**

\$350 (non-AC),  
\$400 (AC)

**Register by 11 Mar:**

[tinyurl.com/lenten19](http://tinyurl.com/lenten19)

### **Programmes by Fr Christopher Gleeson, SJ**

Evening Talks:

**Ignatian Spirituality for Mobile People**

**Ignatian Leadership – A Lived Experience**

**Time:** 7.30pm - 9.30pm

**Date:** Wed, 27 Feb 2019

**Date:** Thu, 28 Feb 2019

Retreat:

**With Open Hands – A Weekend with Henri Nouwen**

This retreat will feature 4 brief talks around Father Henri Nouwen’s book, *With Open Hands*. Each talk will focus on a chapter of this book as prayer, namely: Prayer & Acceptance, Prayer & Hope, Prayer & Compassion, Prayer & Prophecy. The retreat process will be one of input from the facilitator, reflections by retreatants, and sharing in groups.

**Dates & Times:**

Fri, 1 Mar (7.30pm) to  
Sun, 3 Mar (5pm) 2019



*These programmes are pending approval by the relevant authorities.*